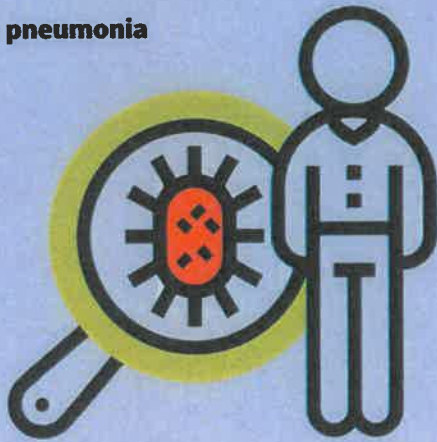


What are the coronavirus symptoms?

Usually mild to severe respiratory illness with symptoms occurring from 2-14 days after exposure:

- fever
- cough
- shortness of breath
- pneumonia



What are the general preventive actions to help prevent the spread of respiratory viruses?

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

Other FAQs: [click here](#)

While the news of the coronavirus is making headlines on a daily basis, it is important to think of this new virus in the context of the common/seasonal influenza prevalence. The CDC estimates the 2018-2019 influenza season was associated with more than 35.5 million illnesses, more than 16.5 million medical visits, 490,600 hospitalizations, and 34,200 deaths. As such, any and all recommendations you make as an employer to employees directly should be centered around recommendations the CDC has made for many years in an attempt to curtail the spread of other respiratory viruses, including the common flu.

Related Documents and Guidance:

CDC Guidance

- [CDC's Coronavirus Guidance for Employers](#)
- [Environmental Infection Control Guidance](#)
- [Information for Healthcare Professionals](#)
- [COVID-19 Website](#)
- [What You Need to Know About COVID-19.pdf icon](#)
- [What to Do If You Are Sick With COVID-19.pdf icon](#)
- [Interim US Guidance for Risk Assessment and Public Health Management of Persons with Potential Coronavirus Disease 2019 \(COVID-19\) Exposure in Travel-associated or Community Settings](#)
- [Health Alert Network](#)
- [Travelers' Health Website](#)
- [National Institute for Occupational Safety and Health's Small Business International Travel Resource Travel Planner.pdf icon](#)
- [2019 Novel Coronavirus Recommendations for Ships](#)

Other Federal Agencies and Partners

- OSHA Guidance: https://www.osha.gov/SI/TC/novel_coronavirus/index.html[external icon](#)
- World Health Organization [Pandemic preparedness](#)
- IBI Research: [Employees' Work Responses to Episodes of Illness: Evidence From the American Time Use Survey](#)
- [Massachusetts General Hospital toolkit](#)

NOTICE

AVOID



CONTAMINATION

WASH YOUR HANDS



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